



Participate in our Poster / Video Contest for K-12 Students in West Virginia

Let's Encourage Kids and Teens to Drink
Water Whenever and Milk with Meals

(The deadline for submissions is September 28, 2018!)



Click here for the **Contest Rules**: <https://bit.ly/2P56aO4>

Download our **Contest Flyer** and circulate it at your school: <https://bit.ly/2nD1a70>

